



Disinfection Cleaning Training Guide

A spotless, disinfected space speaks volumes about a facility's commitment to health and safety, creating a positive experience for everyone who enters. At TamCare, we know that effective disinfection requires precision, consistency, and the right techniques to truly protect and enhance every environment.

Our Disinfection Cleaning Guide provides comprehensive steps for routine and high-touch surface disinfection, empowering you with the knowledge and tools to maintain spaces that reflect our dedication to cleanliness and care.

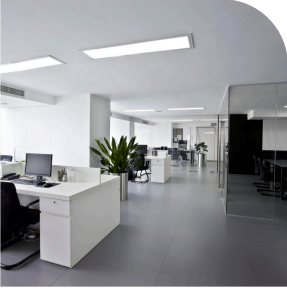
OVERVIEW OF STEPS

1. Identify all high touch surfaces
2. Apply personal protective equipment (PPE)
3. Gather supplies & prep cleaning solutions
4. Clean all soiled surfaces
5. Apply appropriate Spartan disinfectant
6. Wipe or rinse surfaces
7. Inspect work
8. Clean and return supplies
9. Remove PPE & Thoroughly wash hands

REQUIRED PRODUCTS

- 1 Disinfectant/Sanitizer
- 2 All Purpose Cleaner
- 3 Degreaser
- 4 Specialty Cleaner

1 Identify all high touch surfaces.



Before starting to clean identify the frequently touched surfaces in the facility. These are the locations that provide the greatest chance of contact transmission and will be the areas that need to receive extra focus in the facility.

While the most common touch points in community settings will be doors and handles, phones, counter tops, railings, carts, chairs and tables; each facility has its own set of special high touch points. For instance; some facilities have locks on lockers, registers, work out gear, membership or credit card readers, etc.

2 Apply personal protective equipment (PPE)



Put on gloves, masks, and any other required protective gear to ensure your safety while handling cleaning chemicals and contaminated surfaces.

3 Gather supplies & cleaning solutions.



Gather necessary supplies. This may include Microfiber cloths, mops, pads, disposable wipers, charging buckets, and spray bottles. Dilute concentrated chemistry. If using a concentrated cleaner or disinfectant be sure to dilute properly and preferably through a dispenser.

This will help ensure that you are using the proper levels of the disinfectant to eliminate the pathogen of concern. Additionally, it prevents waste of product from occurring. Fill a clean bucket, spray bottle, charging bucket, or wiper recharge bucket

4 Clean all soiled surfaces.



Clean all soiled surfaces using the appropriate cleaner or cleaner disinfectant of your choice based on soil load. Begin by applying the selected product to the surface.

On vertical surfaces apply in a bottom to top left to right or right to left pattern and wipe in a top down left to right.

On horizontal surfaces work in a right to left or left to right pattern being sure to flip your wiping tool often to make sure you are removing all the soil and with it reducing the germs present.

When all sides of the wiping tool are visibly soiled either dispose of or place in soiled linen container for laundering.

5 Apply appropriate disinfectant.



Apply appropriate Spartan disinfectant following the same pattern used in the previous step.

Be sure to pay attention to saturate all high touch surfaces.

Allow the disinfectant to remain on the surface for the contact time specified on the product label.

6 Wipe or Rinse Surfaces



Depending on the products and tools used, allow for the proper dwell or contact time.

Pay extra attention to high touch and sensitive surfaces. Then thoroughly rinse, wipe, or allow to air dry.

7 Inspect work



Check all treated areas to ensure thorough disinfection and cleanliness, addressing any missed spots.

8 Clean & Return Supplies



When finished or at the end of your shift return supplies. Drain, clean, and wipe down equipment.

Any unused disposable wipers that have been charged with a disinfectant need to be disposed of.

Any launderable cloths or pads not used must be put into soiled linen and be laundered before using again.

9 Remove PPE & Thoroughly Wash Hands



Carefully take off your PPE and wash your hands thoroughly to eliminate any residual germs.

Thoroughly wash your hands with soap and water for 20 seconds. Wet hands add soap and scrub to generate a lather. Be sure to scrub between and around your fingers. Dry and dispose of towel.